

We are all on a journey

Sometimes that journey is too difficult to walk alone.

More than ever, responsibility is falling on the community to become the first to respond when its people face mental health issues.

HeartSpace serves the church and the community by building a network and training workers to support mental health needs.

Come and join us to learn how to be someone who can work with those in the church and in the community that need mental health support.



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Deacon Trust

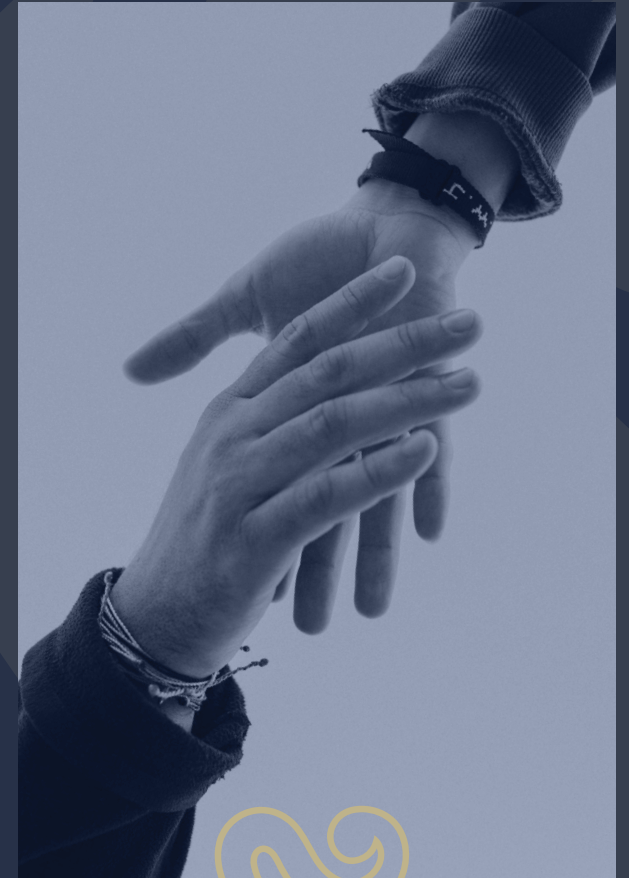
Deacon Trust is a Christian charitable trust with a focus on education and training for workers who support people with mental health issues in the church and in our communities. If you want to know more about our organisation or would like to help support our work, please contact us. We would love to hear from you!

All donations are tax-deductible.



Endorsed by Laidlaw College, Pegasus Health,
Stepping Stone Trust, Canterbury Men's Centre,
Strength to Strength

Deacon Trust



HeartSpace

Educating and supporting mental
health within the church and
its communities

Who we are

Deacon Trust supports the collaboration of a number of professional organisations, training bodies, and churches who work alongside each other to provide mental health expertise and education in order to serve our communities.

HeartSpace is the main focus of Deacon Trust. We run a training course for mental health coaches to equip them to work within churches and the broader community.

We contribute skills from our professional backgrounds in medicine, psychology, counselling, social work, peer support, and practical theology.

Our partnerships include:



Become a supporting church or mental health agency:

- Join our collaboration as a partnering church
- Become a partner mental health agency for referrals and shared education

What we do

- Train and equip mental health coaches to work alongside churches and their communities
- Support churches and their pastoral care teams with education on mental health issues
- Provide navigational links to other mental health support services
- Provide spiritual support in the context of mental health



Join the programme

to become a mental health coach:

- One year training course in mental health, community, and pastoral care
- Learn how to journey alongside and support those experiencing mental health issues
- Be part of a pastoral care team and network of supports
- Develop your own faith and calling in spiritual and mental health care

What you need to enrol

- Life skills and maturity
- A relationship with a home church or other Christian group
- Willingness to grow personally
- Motivation to study
- No previous degree or mental health training required

Training

- One evening a week for classes, course work, and study
- Field work in the church and/or community
- Personal coaching and pastoral care guidance

Courses begin mid-February each year
Cost: \$400 (we encourage home churches to support the cost of training)